



Oregon Infant Mental Health Association

*"All Our Babies Held in Mind"*

PSU ITMH courses 2013-Present  
**Getting Started Form**

Theoretical Foundations	Education	Work	In-service training(s)
pregnancy and early parenthood (I, II, III & IV)	Intro to ITMH SPED 510 starting 2016 SPED 580 CI 592 Dynamic Models of Infant/Toddler Development		
infant/very young child development and behavior (I, II, III & IV)	Intro to ITMH SPED 510 starting 2016 SPED 580 CI 592 Dynamic Models of Infant/Toddler Development		
infant/young child & family-centered practice (I, II, III & IV)	SPED 595 Prevention and Intervention in Infant Mental Health		
relationship-focused practice (I, II, III & IV)	SPED 595 Prevention and Intervention in Infant Mental Health		
family relationships & dynamics (I, II, III & IV)	Coun 597 Strengths, Risk Factors, and Disturbance in Infants, Toddlers, and Their Families  SPED 595 Prevention and Intervention in Infant Mental Health		
attachment, separation, trauma, grief & loss (I, II, III & IV)	Coun 597 Strengths, Risk Factors, and Disturbance in Infants, Toddlers, and Their Families		

psychotherapeutic & behavioral theories of change (III & IV)	CI 592 Dynamic Models of Infant/Toddler Development  SPED 595 Prevention and Intervention in Infant Mental Health		
disorders of infancy/ early childhood (II, III & IV)	CI 592 Dynamic Models of Infant/Toddler Development  Coun 597 Strengths, Risk Factors, and Disturbance in Infants, Toddlers, and Their Families		
mental & behavioral disorders in adults (III & IV)	COUN 520 Collaborative Partnerships to Support Infants, Toddlers, and Their Families  Coun 597 Strengths, Risk Factors, and Disturbance in Infants, Toddlers, and Their Families		
cultural competence (I, II, III & IV)	COUN 520 Collaborative Partnerships to Support Infants, Toddlers, and Their Families  SPED 594 Assessment Methods and Classification in Infant Mental Health		
adult learning theory & practice (IV - all)			
statistics (IV - all)	SPED 595 Prevention and Intervention in Infant Mental Health		
research & evaluation (IV - all)	SPED 594 Assessment Methods and Classification in Infant Mental Health		

Law, Regulation & Policy	Education	Work	In-service training(s)
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ethical practice (I, II, III & IV)	<p>SPED 594 Assessment Methods and Classification in Infant Mental Health</p> <p>SPED 595 Prevention and Intervention in Infant Mental Health</p> <p>COUN 520 Collaborative Partnerships to Support Infants, Toddlers, and Their Families</p>		
government, law & regulation (I, II, III & IV)	COUN 520 Collaborative Partnerships to Support Infants, Toddlers, and Their Families		
agency policy (I, II, III & IV)	<p>SPED 595 Prevention and Intervention in Infant Mental Health</p> <p>COUN 520 Collaborative Partnerships to Support Infants, Toddlers, and Their Families</p>		

Systems Expertise	Education	Work	In-service training(s)
service delivery systems (I, II, III & IV)	<p>SPED 594 Assessment Methods and Classification in Infant Mental Health</p> <p>SPED 595 Prevention and Intervention in Infant Mental Health</p>		
community resources (I, II, III & IV)	COUN 520 Collaborative Partnerships to Support Infants, Toddlers, and Their Families		

Direct Service Skills	Education	Work	In-service training(s)
observation & listening (I, II, III & IV)	SPED 594 Assessment Methods and Classification in Infant Mental Health  SPED 595 Prevention and Intervention in Infant Mental Health		
screening & assessment (I, II, III & IV)	SPED 594 Assessment Methods and Classification in Infant Mental Health  SPED 595 Prevention and Intervention in Infant Mental Health		
responding with empathy (I, II, III & IV)	SPED 594 Assessment Methods and Classification in Infant Mental Health  SPED 595 Prevention and Intervention in Infant Mental Health		
intervention/treatment planning (III & IV)	SPED 595 Prevention and Intervention in Infant Mental Health		
developmental guidance (III & IV)	SPED 595 Prevention and Intervention in Infant Mental Health		
supportive counseling (III & IV)			
parent-infant/very young child relationship-based therapies & practices (III & IV)	SPED 594 Assessment Methods and Classification in Infant Mental Health		
advocacy (I, II, III & IV)	Coun 507 Professional Development in Infant Mental Health		
safety (I, II, III & IV)			
reflective supervision (IV - clinical)			

Working with Others	Education	Work	In-service training(s)	Reflective supervision/consultation
building & maintaining relationships (I, II, III & IV)	Coun 507 Professional Development in Infant Mental Health			
supporting others (I, II, III & IV)	Coun 507 Professional Development in Infant Mental Health			
mentoring (II, III)				
Working with Others	Education	Work	In-service training(s)	Reflective supervision/consultation
coaching & mentoring (IV)	Coun 507 Professional Development in Infant Mental Health			
collaborating (I, II, III & IV)	All Classes			
resolving conflict (I, II, III & IV)				
crisis management (IV)				
empathy & compassion (I, II, III & IV)	Coun 507 Professional Development in Infant Mental Health			

consulting (IV)	<p>SPED 594 Assessment Methods and Classification in Infant Mental Health</p> <p>SPED 595 Prevention and Intervention in Infant Mental Health</p> <p>COUN 520 Collaborative Partnerships to Support Infants, Toddlers, and Their Families</p>			
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Communicating	Education	Work	In-service training(s)	Reflective supervision/consultation
listening (I, II, III & IV)	All ITMH PSU Courses			
speaking (I, II, III & IV)	All ITMH PSU Courses			
writing (I, II, III & IV)	All ITMH PSU Courses			
group process (IV)				

Thinking	Education	Work	In-service training(s)	Reflective supervision/consultation

analyzing information (I, II, III & IV)	All ITMH PSU Courses			
solving problems (I, II, III & IV)	<p>SPED 594 Assessment Methods and Classification in Infant Mental Health</p> <p>SPED 595 Prevention and Intervention in Infant Mental Health</p> <p>COUN 520 Collaborative Partnerships to Support Infants, Toddlers, and Their Families</p>			
exercising sound judgment (I, II, III & IV)	<p>SPED 594 Assessment Methods and Classification in Infant Mental Health</p> <p>SPED 595 Prevention and Intervention in Infant Mental Health</p> <p>COUN 520 Collaborative Partnerships to Support Infants, Toddlers, and Their Families</p>			

maintaining perspective (I, II, III & IV)	SPED 594 Assessment Methods and Classification in Infant Mental Health  SPED 595 Prevention and Intervention in Infant Mental Health  COUN 520 Collaborative Partnerships to Support Infants, Toddlers, and Their Families			
planning & organizing (I, II, III & IV)	SPED 594 Assessment Methods and Classification in Infant Mental Health  SPED 595 Prevention and Intervention in Infant Mental Health  COUN 520 Collaborative Partnerships to Support Infants, Toddlers, and Their Families			

Reflection	Education	Work	In-service training(s)	Reflective supervision/consultation
contemplation (I, II, III & IV)	Coun 597 Strengths, Risk Factors, and Disturbance in Infants, Toddlers, and Their Families			



self awareness (I, II, III & IV)	SPED 595 Prevention and Intervention in Infant Mental Health			
curiosity (I, II, III & IV)	CI 592 Dynamic Models of Infant/ Toddler Develop- ment			
professional/ personal development (I, II, III & IV)	Coun 507 Professional Development in Infant Mental Health			
emotional response (I, II, III & IV)	Coun 507 Professional Development in Infant Mental Health			
parallel process (III & IV)	Coun 507 Professional Development in Infant Mental Health			

Level IV only:

Leading People	Education	Work	In-service training(s)	reflective supervision/ consultation
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motivation (IV – all three)	SPED 594 Assessment Methods and Classification in Infant Mental Health  SPED 595 Prevention and Intervention in Infant Mental Health  COUN 520 Collaborative Partnerships to Support Infants, Toddlers, and Their Families  Coun 507 Professional Development in Infant Mental Health			
advocacy (IV – all three)	Coun 507 Professional Development in Infant Mental Health			
developing talent (IV – all three)				

Administration	Education	Work	In-service training(s)	
program management (IV - policy)				
program development (IV - policy)				
program evaluation (IV - policy)				
program funding (IV - policy)				

Research & Evaluation	Education	Work	In-service training(s)
study of infant relationships & attachment (IV – research/faculty)			
study of infant development & behavior (IV – research/faculty)			
study of families (IV – research/faculty)			